



# **Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse)**

*Patrick Smith*

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## **Delicious No-Calorie Alternatives to Soda for Low Cholesterol, Weight Loss, and General Health**

### **80 Recipes for Fruit Infused Water to Lose Weight and Health**

Dear friend,

**Fruit infused water** is the combination of the health benefits and taste of fruits, herbs and vegetables with water. Also known as *vitamin water*, it allows you to replace sodas, juice and other sugary beverages with healthy drinks that are just as delicious.

In the *fruit infused water* handbook, you will find zero-calorie, *low cholesterol* recipes that boost your metabolism and help you lose weight. In addition, there are many recipes that help clean and cleanse the body of toxins. They are great in combination with liver detox programs and any detox diet. Also, if you have an interest in *natural herbal remedies*, this is a way to use herbs to your benefit in a simple way.

## **Fruit Infused Water Can Replace Any Soda**

**Here is a brief overview of what's inside:**

- **80 fruit in fused water recipes for weight loss and health**
- 25 vitamin water recipes that boost your metabolism
- **25 fruit infused water recipes perfect for the gym and summer**
- 30 fruit infused water recipes with detox properties that are perfect for detox cleanses, liver detox and more
- **No sugars, low cholesterol, no calories, no alcohol**
- Natural herbal remedies in the form of water
- **Much more!**

As a health coach with a passion for fitness and nutrition, fruit infused water has accompanied me for a long time. Vitamin water is perfect for losing weight and getting nutritional contents at the same time. They also make a great counterpart to smoothies, not to mention how delicious they look. A glass pitcher filled with a mixture of water and fruits is an exotic thing to serve on parties and always gets a lot of attention.

## Would You Like To Know More?

Scroll to the top of the page and click the buy button to join thousands of people that already use these vitamin water recipes to lose weight and live healthier lives.

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Tags: *coconut oil, detox diet, detox cleanse, fatty liver, liver cleanse, 10 day detox diet, liver detox, fruit infused water, vitamin water*

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### **From reader reviews:**

#### **Tyler Smith:**

Why don't make it to be your habit? Right now, try to prepare your time to do the important take action, like looking for your favorite guide and reading a publication. Beside you can solve your problem; you can add your knowledge by the book entitled Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse). Try to make the book Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) as your close friend. It means that it can for being your friend when you experience alone and beside those of course make you smarter than before. Yeah, it is very fortunated for you. The book makes you more confidence because you can know everything by the book. So , let me make new experience along with knowledge with this book.

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#### **Paul Mackey:**

Now a day individuals who Living in the era everywhere everything reachable by interact with the internet and the resources within it can be true or not need people to be aware of each data they get. How a lot more to be smart in having any information nowadays? Of course the reply is reading a book. Examining a book can help individuals out of this uncertainty Information specially this Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) book as this book offers you rich details and knowledge. Of course the knowledge in this book hundred % guarantees there is no doubt in it you know.

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