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Food, Health and Identity



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By addressing the issue of food and eating in Britain today this collection considers the ways in which food habits are changing and shows how social and personal identities and perceptions of health risk influence people's food choices.

The articles explore, among other issues:

- the family meal
- wedding cakes
- nostalgia and the invention of tradition
- the rise of vegetarianism
- the recent BSE crisis
- the `creolization' of British food eating out
- creation of individual identity through lifestyle.

The contributors include Hanna Bradby, Simon Charsley, Allison James, Anne Keane, Lydia Martens and Alan Warde.

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