



# Pocket Guide to Nutritional Care, 4e (Nursing Pocket Guides)

*Mary Courtney Moore*

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Thoroughly revised and updated, POCKET GUIDE TO NUTRITIONAL CARE serves as a complete, portable nutritional reference for care givers, including nursing students, nurses, dietitians and other health professionals, who need to understand the nutritional aspects of health care delivery. Includes updates of information pertaining to US RDA, Healthy People 2001, a new Health Weight Standards chart, diet drugs, alcoholism and nutritional requirements for the elderly

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