



The Quinoa Quookbook: 100 Quintessential Recipes Featuring Quinoa - The "Super Food"

Eliza Cross

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Savor the flavor of quinoa with 100 quintessential recipes featuring breakfasts, breads, appetizers, soups, salads, dinners, sides and desserts--plus helpful cooking tips and organic quinoa sources. Experience quinoa's versatility and appealing flavor, and discover why it's called the "super food."

Quinoa is often featured in vegan, dietetic and gluten-free recipes, but *The Quinoa Quookbook* makes a strong case for pairing nutty quinoa with a wide variety of delicious ingredients, from crispy bacon and tender crab to fresh raspberries and sweet chocolate.

100 easy-to-follow recipes include Banana Maple Quinoa Pancakes, Quinoa Corn Hush Puppies, Cheesy Quinoa, Ham and Artichoke Bites, Quinoa Crab Cakes, Bacon Quinoa, Quinoa Pork "Fried Rice," BBQ Chicken Quinoa and Corn, Crunchy Thai Quinoa Salad with Peanut Ginger Dressing, Quinoa Garlic Polenta Fries, Raspberry Quinoa Streusel Bars and Peanut Butter Toffee Quinoa Cookies.

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Calvin Williams:

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Lily Tarver:

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Kimberly Mason:

Spent a free time for you to be fun activity to try and do! A lot of people spent their down time with their family, or their very own friends. Usually they accomplishing activity like watching television, going to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Can be reading a book could be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the reserve untitled The Quinoa Quookbook: 100 Quintessential Recipes Featuring Quinoa - The "Super Food" can be excellent book to read. May be it might be best activity to you.

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