

Get Your Swing in Gear

Rob Bernard

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Rob - Thanks for the great lesson. I progressed further in 30 minutes with you than I have in the last three years of trying to teach myself and by reading all the confusing information out there. Being a sports medicine expert I can also say that your method is very back friendly and biomechanically sound. Keep spreading the word. - Dr. Ron Spallone "COG is Simple, Accurate, and Easy to remember. It Straighten out the slice I had for years and dramatically improved my short game". - Kevin Jordan - Entertainer/Comedian, The Ice House "Your instruction helped me to set a NEW COURSE RECORD! Being 62, you can only imagine the fanfare and recognition I received by shooting only 1 shot off my age! I appreciate your tips and I use your great system every day! " - Don Forrest "Robs COG System stabilized my golf swing instantly resulting in consistent and crisp ball striking. Not only did it help me shoot a 68 in my last competitive round, I use his system every day to help my lesson clients see results fast! Thanks Rob" - Paul Bonnefant, CPGA Golf Professional "The C.O.G. Sysrem helps me break down the game into manageable sections. I used to be so inconsistent in my approach to the game and my scorecard had a lot of doubles & even triples on my worst days. The C.O.G. complete game system had helped me remove those high scoring holes from my scorecard once and for all! " - Steve Bayner, Entertainer - Master Hypnotist "I have benefitted enormously from your system. This is only my 4th year playing golf and it has been a struggle. Your long game system has me more consistant off the tee and on the fairways, and your short game system had improved my short game immensely allowing me to make shots I never thought I could! My game is steadily improving and I'm having a lot of fun on the course. Thanks Again! " - Justin Kim "Rob is an excellent, inspirational instructor and speaker, his seminars were clear, concise and always



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