



The Essential Vegetarian Cookbook

Editor

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"The Essential Vegetarian Cookbook" is a fresh, modern approach to vegetarian cooking, providing exciting, innovative recipes. Beautifully illustrated with step-by-step photos, this cookbook also includes easy-to-understand nutritional information plus notes on unusual ingredients and special cooking techniques. This book provides a wealth of information and inspiration for the vegetarian cook. Color photos.

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Tessa Krieger:

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Maria Simmons:

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