



Nature and the Human Soul: Cultivating Wholeness and Community in a Fragmented World

Bill Plotkin

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Addressing the pervasive longing for meaning and fulfillment in this time of crisis, *Nature and the Human Soul* introduces a visionary ecopsychology of human development that reveals how fully and creatively we can mature when soul and wild nature guide us. Depth psychologist and wilderness guide Bill Plotkin presents a model for a human life span rooted in the cycles and qualities of the natural world, a blueprint for individual development that ultimately yields a strategy for cultural transformation.

With evocative language and personal stories, including those of elders Thomas Berry and Joanna Macy, this book defines eight stages of human life - Innocent, Explorer, Thespian, Wanderer, Soul Apprentice, Artisan, Master, and Sage - and describes the challenges and benefits of each. Plotkin offers a way of progressing from our current *egocentric*, aggressively competitive, consumer society to an *ecocentric*, soul-based one that is sustainable, cooperative, and compassionate. At once a primer on human development and a manifesto for change, *Nature and the Human Soul* fashions a template for a more mature, fulfilling, and purposeful life - and a better world.

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