



Essential Psychology

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Essential Psychology returns for a second edition with a vivid narrative writing style for undergraduates, features designed to stimulate critical thinking and inspire students to learn independently, and an expanded companion website full of useful resources for lecturers and students. This comprehensive introductory text is relevant for both the specialist and non-specialist psychology student, challenging those who studied psychology before university while remaining accessible to those who did not.

The 2nd edition:

- Gives students a firm foundation in all areas covered on accredited British Psychological Society degree courses
- Includes new chapters on psychopathology, research methods, language, motivation and emotion, lifespan development, health psychology, forensic psychology and critical social psychology
- Relates theory to the real world to help students think about where they will employ their degree after undergraduate study
- Comes with a SAGE edge companion website with a suite of resources to enhance the learning experience (<https://edge.sagepub.com/banyard2e>)

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