



Naked: Stripped by a Man and Hurricane Katrina

Julie Freed PhD

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"Everything moved to the wind's rhythm."

In one week, a house and marriage violently disintegrate. Alone raising an infant in the aftermath of Hurricane Katrina, Julie is surrounded by the rubble of her life - stripped bare by love and loss. Suddenly a single mother, Freed's prose captures the love and adoration for her daughter, the indomitable spirit of her New England family, and her father's unwavering devotion. Touching ties survive even the most powerful surge Mother Nature delivers. This debut memoir candidly reveals intimate details of one woman's shattered dreams as well as humanity's power, resilience, and goodness. Unflinchingly honest, Naked is a remarkable true story of hope, family, and love in a southern coastal Mississippi town.

"Accolades to memoirist Julie Freed - this stunningly poignant book candidly reveals intitmate details of her life with clarity but not a whiff of "poor, pitiful me." In facing the end of her marriage and the end of life as she had known it on Mississippi's Gulf Coast, Freed exhibited the strength other Mississippians also showed in response to this country's worst natural disaster. She persevered - and she wrote a damn good book." ~ Nancy Kay Wessman author of Katrina, Mississippi: Voices from Ground Zero

"Occasionally, real-life setbacks smash into authors' lives with the degree of intensity usually found in fiction. Julie Freed's memoir recounts just such an extreme situation ... The strengths Julie Freed draws on in her life are generously passed along to her readers, reminding us that just past the darkness, there is dawn." ~ Jerry Waxler, author of Memoir Revolution

"A heart-wrenching true story told with dignity." ~ Victoria Twead, New York Times and Wall Street Journal bestselling author of the Old Fools Series.

"It is a rare talent that can make you feel the emotions portrayed in words and Freed accomplished this. Showing that true strength and power can derive from the lowest of places. NAKED is one memoir that I am glad I read. Favorite line: 'My lungs filled with fresh new air brought from deep in the Gulf. The salty wind spun and twisted my clothes about my body as I pleaded to Katrina. I hoped she was showing me the way. I was crushed, but free. I inhaled a cleansing breath. I would survive. I must survive. " ~ 125 Pages Book Review

"Her intention is to show how close we all are, at any moment in time, to unexpected, monumental and life altering change. An intelligent and engaging memoir." ~ Book Viral

"Masterful!" ~ Cinda Brooks, author of bestselling Heartprints of Africa, A Family's Story of Faith, Love, Adventure, and Turmoil.

"An honest, courageous, eye-opening and brilliantly written testament to a harrowing and life-changing period of her life." ~ George Mahood, author of Free Country, Every Day is Holiday, and Life's a Beach

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From reader reviews:

Mary Bunnell:

Have you spare time for just a day? What do you do when you have much more or little spare time? Yes, you can choose the suitable activity intended for spend your time. Any person spent their own spare time to take a stroll, shopping, or went to often the Mall. How about open or maybe read a book entitled Naked: Stripped by a Man and Hurricane Katrina? Maybe it is to be best activity for you. You realize beside you can spend your time along with your favorite's book, you can smarter than before. Do you agree with it is opinion or you have additional opinion?

Richard Valadez:

Often the book Naked: Stripped by a Man and Hurricane Katrina has a lot of knowledge on it. So when you make sure to read this book you can get a lot of help. The book was written by the very famous author. Tom makes some research just before write this book. That book very easy to read you may get the point easily after reading this article book.

Homer Holmes:

Reading can called thoughts hangout, why? Because if you are reading a book mainly book entitled Naked: Stripped by a Man and Hurricane Katrina the mind will drift away trough every dimension, wandering in every aspect that maybe mysterious for but surely will end up your mind friends. Imaging every word written in a e-book then become one web form conclusion and explanation this maybe you never get before. The Naked: Stripped by a Man and Hurricane Katrina giving you another experience more than blown away your thoughts but also giving you useful facts for your better life in this era. So now let us explain to you the relaxing pattern here is your body and mind is going to be pleased when you are finished studying it, like winning a sport. Do you want to try this extraordinary paying spare time activity?

Richard Mason:

What is your hobby? Have you heard that will question when you got learners? We believe that that question was given by teacher with their students. Many kinds of hobby, Everyone has different hobby. And you know that little person like reading or as examining become their hobby. You must know that reading is very important and also book as to be the factor. Book is important thing to add you knowledge, except your personal teacher or lecturer. You find good news or update concerning something by book. Different categories of books that can you choose to use be your object. One of them is niagra Naked: Stripped by a Man and Hurricane Katrina.

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