



In the Realm of Hungry Ghosts Publisher: North Atlantic Books; Original edition

Gabor Mate M.D.

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In the Realm of Hungry Ghosts Publisher: North Atlantic Books; Original edition Gabor Mate M.D. New American Edition of the #1 Canadian Best Seller! A riveting account of human cravings, this book needs to get into as many hands as possible. Mate's resonant, unflinching analysis of addiction today shatters the assumptions underlying our War on Drugs. Close encounters with addiction. In the Realm of Hungry ghosts is a compassionate look at drug addiction by bestselling author and physician Gabor Mate. This insightful book explores the scientific and psychological causes of addiction, as well as the impact on the addicts teated at the Downtown Eastside Vancouver clinic where Mate is a physician. He widens the lens to address the social problem-speaking also to the risks of the more "high-status" addictions, such as wealth, power and sex. He boldly challenges the War on Drugs, proposing a more holistic, constructive set of alternatives. A riveting, debate-provoking book about an illness that reaches all levels of society, In the Realm of Hungry ghosts provides a much-needed glimpse of hope from an innovator who is taking on addiction with startling clarity, vision and wisdom. In this brilliant and well-documented book, Gabor Mate locates the source of addictions int he trauma of an emotionally empty childhood, making it a relational rather than a medical problem. Such a radical thesis of cause leads to human connection rather than traditional treatment as the cure. this passionate and compassionate book, filled with scientific evidence and personal narratives, should be on the shelf of every person interested in pervasive challenge of addiction.

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