

The Iodine Crisis: What You Don't Know About Iodine Can Wreck Your Life

Lynne Farrow



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Thanks to environmental pollutants Iodine deficiency has become a worldwide epidemic. Everybody knows pollutants cause cancer. What they don't know is that these pollutants cause a deficiency that can make us sick, fat and stupid. Iodized salt--supposedly a solution to iodine deficiency-- is actually a nutritional scam which provides a false sense of security. The Iodine Crisis explains how we became so deficient, then shows the time-tested solution to reversing many conditions. Lynne Farrow reveals how she and thousands of other patient-activists changed their lives by researching and using iodine. Frequently Asked Questions cover everything you need to know about iodine. The proof of iodine's benefit is demonstrated by the dramatic case studies shared in this book.

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