



Coaching for Better Performance - What You Need to Know: Definitions, Best Practices, Benefits and Practical Solutions

James Smith

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Today, coaching is widespread. For example, Newcastle College registered 15,000 students on its Performance Coaching Diploma Course from launch and within its first four years. The Chartered Institute of Personnel Management reports that 51% of companies (sample of 500) 'consider coaching as a key part of learning development' and 'crucial to their strategy', with 90% reporting that they 'use coaching'. More recent research in 2011 by Qa Research, an independent marketing research agency, found that 80% of organisations surveyed had used or are now using coaching, but also found that while 90% of organisations with over 2,000 employees had used coaching in the past five years, only 68% of companies with 230-500 employees had done the same.. The basic skills of coaching are often developed in managers within organizations specifically to improve their managing and leadership abilities, rather than to apply in formal one-to-one coaching sessions. These skills can also be applied within team meetings and are then akin to the more traditional skills of group facilitation.

This book is your one-stop, ultimate resource for Coaching for Better Performance. Here you will find the most up-to-date information, analysis, background and everything you need to know.

In easy to read chapters, with extensive references and links covering all aspects of Coaching for Better Performance: Coaching, Personal development, Human resource development, Career counseling, Performance management, Organization development, Abraham Low Self-Help Systems, Addiction recovery groups, Affirmative prayer, The Artist's Way, Assertiveness, The Book of est, Breakthrough Collaborative, Career, Career assessment, Career development, Career Development Practitioner, Centre for Human Communication, Co-counselling, Codependency, Collaborative Professional Development, Common Purpose UK, Bill Compton, Consumer/Survivor/Ex-Patient Movement, Continuing education, Continuing professional development, Continuing Professional Development Foundation, CPD Mark, DailyStrength, Dating by Sexy, Laura Day, Direct Seduction, Electronics Technician distance education program, Employment counsellor, Environmental enrichment (neural), Erhard Seminars Training, Werner Erhard, Esalen Institute, Est: Playing the Game, Exegesis (group), Family planning, Silvio Fanti, First Things First (book), Fountain House, Fourth Way Enneagram, Frustration, Get Motivated Seminar, Getting Past NO, Getting Things Done, Carol Giambalvo, Global Career Development Facilitator, Maria Gomori, Chris Griscom, Glenn Harrold, Haven Institute, Higher Ground (support group), Highly sensitive person, Hipster PDA, Hoffman Institute, Holland Codes, Human Potential Movement, I'm Dysfunctional, You're Dysfunctional, Initial Professional Development, Insight Seminars, Institute of Continuing Professional Development, Knowledge and Skills Framework, Landmark Education, Landmark Education litigation, Large Group Awareness Training, Leadership Dynamics, LifeRing Secular Recovery, Lifespring, Tristan Loo, Mariló López Garrido, Love Systems, Diana Luke, Major Decisions: Taking Charge of Your College Education, Maslow's hierarchy of needs, Meditation, Micropsychoanalysis, Dan Millman, Moderation Management, Mork Goes Erk, Muhammad Ali Center, Murray's psychogenic needs, Tom Mursell, Mustard Seed Ministries, Network For A New Culture, No pain, no gain, NXIVM, Open University, Outrageous Betrayal, Avatar Course, Peer support, Performance appraisal, Personal effectiveness...and much more.

This book explains in-depth the real drivers and workings of Coaching for Better Performance. It reduces the risk of your time and resources investment decisions by enabling you to compare your understanding of

Coaching for Better Performance with the objectivity of experienced professionals.

Unique, authoritative, and wide-ranging, it offers practical and strategic advice for managers, business owners and students worldwide.

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